



॥ आयुषं सर्वनाकानाम् ॥

भारतीय चिकित्सा पद्धति राष्ट्रीय आयोग  
भारत सरकार

कार्यालय: टी-19, पहली और दुसरी मंजिल, ब्लाक- IV, धन्वन्तरि भवन,  
मार्ग न0-66, , पंजाबी बाग(पश्चिम), नई दिल्ली & 110026

**National Commission for Indian System of Medicine**  
Govt. of India

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Dated: 12.06.2026

To,

The Registrars,


All respective State ISM Councils

**Subject: Dissemination of information regarding Guinness World Record Attempt on 14.06.2026 and Yoga Sangam 2026 activities in connection with International Day of Yoga (IDY) 2026 – reg.**

With reference to the above, Commission is in receipt of communication from the Ministry of Ayush regarding the observance of the International Day of Yoga (IDY) 2026 under the theme “Yoga for Healthy Ageing”, which emphasizes the role of Yoga in promoting physical, mental and emotional well-being and fostering healthy and active ageing.

- As part of the nationwide activities being organized for IDY 2026, the Ministry of Ayush, through the Morarji Desai National Institute of Yoga (MDNIY) in association with Habuild Healthtech Pvt. Ltd., is organizing a **Guinness World Record Attempt on 14th June, 2026 from 6:15 AM to 7:35 AM**. The initiative aims to achieve the maximum number of people participating simultaneously in an online Yoga session through the Ministry of Ayush YouTube platform.
- Individuals may participate in the event by registering through a missed call on the toll-free number **1800-315-7008**. Upon registration, participants will receive a WhatsApp message from “Habuild” containing the session link. It is pertinent to note that each participant must join the session individually through his/her own registered device, as every registered device joining the session will be counted towards the official record.
- Further, the Ministry of Ayush has launched the **Yoga Sangam Portal 2026** to facilitate registration of organizations and institutions intending to organize Yoga Sangam events on **21<sup>st</sup> June, 2026** in synchronization with the Hon’ble Prime Minister’s flagship International Day of Yoga event. The portal is accessible at:  
The Yoga Sangam Portal may be accessed at:  
Link: <https://yoga.ayush.gov.in/yoga-sangam>
- In view of the above, you are requested to disseminate the aforesaid information widely among all practitioners registered with your State ISM Council and encourage their active participation in the **Guinness World Record Attempt on 14th June, 2026**. You are also requested to motivate practitioners, institutions, hospitals, clinics, professional associations and other stakeholders to organize and participate in **Yoga Sangam events on 21st June, 2026** and register/report such events on the Yoga Sangam Portal.
- You are further requested to furnish an **Action Taken Report (ATR)** to this Commission regarding the dissemination undertaken, indicating the mode of communication adopted and the extent of outreach achieved among the registered practitioners in your State.

The matter may kindly be accorded priority and necessary action taken to ensure maximum participation and outreach in support of the International Day of Yoga 2026 celebrations.

  
12.06.26

Dr. Sushrut Kanaujia

President, Board of Ethics and Registration  
NCISM, New Delhi

अध्यक्ष, आचार एवं पंजीयन बोर्ड

President, Board of Ethics and Registration

भारतीय चिकित्सा पद्धति राष्ट्रीय आयोग

National Commission For Indian System of Medicine

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- Chairperson, National Commission for Indian System of Medicine, New Delhi.
- Secretary, National Commission for Indian System of Medicine, New Delhi.
- Guard File.

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