

वैद्य राजेश कोटेचा
सचिव

Vaidya Rajesh Kotecha
Secretary



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आयुष मंत्रालय
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10th June, 2026

Dear Prof. Mameeshaji,

As you are aware, the International Day of Yoga (IDY) has emerged as a global movement promoting holistic health, wellness, and harmony. The theme for IDY 2026, "Yoga for Healthy Ageing", underscores the vital role of Yoga in enhancing physical, mental, and emotional well-being across all age groups and in fostering healthy and active ageing.

In continuation of this collective endeavour, Ministry of Ayush is organizing several nationwide activities as part of the IDY 2026 celebrations.

In this regard, I would like to invite and encourage the active participation of the National Commission for Indian System of Medicine (NCISM) and all institutions under its ambit in the Guinness World Record attempt being organized by the Morarji Desai National Institute of Yoga, Ministry of Ayush in association with Habuild Healthtech Pvt. Ltd. on 14th June, 2026 from 6:15 AM to 7:35 AM. This historic initiative aims to achieve the maximum number of people participating simultaneously in an online Yoga session through the Ministry of Ayush YouTube platform.

To participate in this event, individuals are required to register by giving a missed call on the toll-free number 1800-315-7008. Upon registration, participants will receive a WhatsApp message containing the session link.

On the day of the Guinness World Record attempt, every participant must individually log in through their own device, as each registered device joining the session will be counted towards the official record. I would, therefore, request you to encourage maximum participation from all colleges, faculty members, students, interns, residents, practitioners and other stakeholders affiliated with NCISM to join separately through their individual devices.

Further, the Ministry of Ayush launched the Yoga Sangam Portal 2026 on 27th May, 2026 to facilitate the registration of organizations, institutions, Government Departments, educational institutions, local bodies, autonomous bodies, PSUs, leading Yoga institutions, and community groups proposing to organize Yoga Sangam events across the country on 21st June, 2026, simultaneously with the Hon'ble Prime Minister's flagship IDY event.

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The portal may be accessed at: <https://yoga.ayush.gov.in/yoga-sangam>

It is, therefore, requested that NCISM may kindly:

1. Ensure registration of NCISM and all colleges, teaching institutions and affiliated organizations on the Yoga Sangam Portal 2026.
2. Encourage all affiliated institutions under the jurisdiction of NCISM to organize Yoga Sangam events on 21st June, 2026 and submit event details on the portal after the event.
3. Disseminate information regarding the Guinness World Record attempt and Yoga Sangam Portal widely among faculty members, students, interns, residents, practitioners and other stakeholders.
4. Facilitate maximum participation of NCISM-affiliated institutions and their stakeholders in the Guinness World Record attempt on 14th June, 2026 through individual device-based participation.

I shall be grateful for your personal intervention and support in ensuring wide publicity and mass mobilization.

With regards,

Yours sincerely,

राजेश कोटेचा

(Rajesh Kotecha)

Dr. Maneesha Upendra Kothekar

Chairperson

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